

WELCOME TO

NAKH INSTITUTE OF EDUCATION



Education is not
preparation for life;
education is life itself.

JOHN DEWEY





1 The Story Behind NAKH Institute of Education

PAGE 02



2 Our Vision

PAGE 03



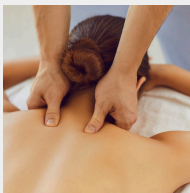
3 Life at NAKH

PAGE 04



4 Tuition and Structure

PAGE 05



5 Contact Information

PAGE 06



Welcome Booklet

CONTENTS



The story behind NAKH



WELCOME TO OUR
SCHOOL

NAKH Institute was conceptualized from one of the oldest massage therapy training centres in Alberta. Since then, we have expanded our horizons beyond holistic medicine into business, technology, and language learning. Our staff, students and instructors all value a natural, nurturing approach to education.

The concept of NAKH Institute of Education was founded in 1994 when Karim Kanji, the founder, experienced a prior medical breakthrough with his son who was born with special needs. In regards to his son's health, Karim and his family moved from Edmonton to Toronto to be closer to the Sick Kid's Hospital. After some time, when Karim was not seeing the results that he was hoping for, he started to search for answers in other areas. Karim began exploring alternative healing methods that incorporated reflexology, aromatherapy and massage therapy. He travelled back and forth from his home in Toronto to attend a holistic massage training school in Hamilton, Ontario actively looking for anything that could help his son. He combined his newfound knowledge of holistic therapies and his technical knowledge he received from attending NAIT in Edmonton, to create a perfectly blended practice of both Eastern and Western medicine. When he saw the positive results of his son's well-being and how he achieved them,

he wanted to share that knowledge with others to help as many people as he could. With his profound understanding of physiology, psychology, and anatomy, Karim incorporates both Western and Eastern techniques for effective, holistic therapies that can alleviate and in some cases, eradicate, almost any health issue. Karim was nominated for Dr. Rogers Prize Award for Excellence in Complementary and Alternative Medicine and has been on the Board of Directors with Natural Health Practitioners of Canada Association. He is constantly creating new material to teach his students, so they can understand that the mind, body & soul all work together to create a whole being. This mind, body connection shows the holistic approach to healing, which is why the training that Karim provides is different compared to any other holistic training school in Edmonton, Calgary or even Canada.



OUR VISION

Education with a Purpose

Today, NAKH Institute has one of the oldest massage therapy training programs in Alberta, offering unique programs and dedicated to helping people in the same way Karim was able to help his son during his lifetime – with a combination of western and holistic medicine.

WELCOME TO OUR
SCHOOL

When you enroll at NAKH Institute of Education in Edmonton, you are much more than just a student number. From our initial consultation to graduation day, we treat our valued students like family who share a common passion and dedication for integrated holistic practices, business development and technological advancements. Plain and simple, you will learn from the best.

OUR STATE OF THE ART TRAINING CENTRE HAS A REPUTATION FOR EXCELLENCE AND OFFERS:

- Limited class sizes to ensure individualized attention.

- Achieving a remarkable 90% career placement rate within massage therapy clinics and spas.
- Offering distinctive programs in holistic medicine, information technology, business administration and integrated language learning.
- Providing hands-on, personalized training.
- Delivering education in holistic medicine, information technology, and business that surpasses the industry standards.
- Opening doors to a fulfilling career in within your chosen field of expertise.
- Real-time experience with field placements and opportunities for CO-OP.





OUR MASSAGE CURRICULUM

Massage therapy is one of the most ancient healing practices practiced today. At NAKH Institute of Education, our philosophy is rooted in the belief that massage therapy is a delicate balance of scientific Western Medicine and the energy healing flow of Eastern techniques. Our massage therapy program is carefully designed with this harmony in mind. Start your educational journey towards natural healing by taking one of our massage therapy programs.

Did you know Massage therapy continues to gain popularity and recognition by both the public and the health care communities? By 2029 the Bureau of Labor Statistics predicts 21% job growth!

In addition, as insurance plans have moved to provide coverage for massage therapy, the job market continues to expand rapidly. It has quickly become an attractive and lucrative profession, and its flexibility fits seamlessly in today's fast-paced lifestyles.

REQUIRED COURSES

- ANAT101** – Intro Anatomy & Physiology
- ANAT140** – Medical Terminology
- ETHC100** – Assessment & Ethics
- HLTH102** – Self Care for Therapists
- HLTH131** – Therapeutic Exercise
- MGMT104** – Intro to Management
- MGMT107** – Business Applications
- MGMT204** – Business Management
- MGMT310** – Introduction to Accounting
- MGMT331** – Business Marketing
- MSTY105** – Relaxation Massage
- MSTY110** – Breast Massage
- MSTY121** – Lymphatic Massage
- MSTY133** – Seated Chair Massage
- MSTY 177** – Basic Baby Massage
- MSTY205** – Therapeutic Massage
- MSTY207** – Deep Tissue Massage
- MSTY 212** – Concepts in Hydrotherapy Massage
- MSTY220** – Orthopaedic Massage
- MSTY237** – Pregnancy Massage
- MSTY241** – Sports Massage
- MSTY 253** – Kinetic Cupping
- PATH201** – Fundamental Concepts in Pathology
- PATH211** – Illnesses & Diseases
- PHAR311** – Pharmacology for Massage Therapy

WELCOME TO OUR
SCHOOL

Massage at NAKH





TUITION AND BREAKDOWN

WELCOME TO OUR SCHOOL



FINANCIAL AID

Finances are a major factor when choosing an educational institution. Student loans can seem like a risk and not worth the debt, but sit down with one of our financial advisors today and see why it may be a viable option for you.

You are eligible to apply for a student loan if you are:

- Canadian Citizen
- Permanent Resident
- Designated as a protected person
- Qualified to enroll in an approved post-secondary program
- Enrolled in an approved post-secondary program

Resources for Financial Aid:

- <https://studentaid.alberta.ca/apply/how-to-apply/#>
- <https://studentaid.alberta.ca/resources/>



YEAR 1

Year 1 provides a comprehensive introduction to anatomy, physiology, medical terminology, and management while exploring ethical considerations in healthcare. Students also gain practical skills in various modalities of massage, through classes, field placement and lab hours.

Tuition Cost: \$10,050.00

Mandatory Fees: \$945.00

Books/Supplies (Optional): \$2081.00



YEAR 2

Year 2 delves into advanced management principles, marketing and accounting, along with essential knowledge in pathology and pharmacology. Students also gain practical skills in additional modalities of massage building on concepts from first year, through classes, field placement and lab hours.

Tuition Cost: \$9,450.00

Mandatory Fees: \$665.00

Books/Supplies (Optional): \$2142.00



INTERNATIONAL STUDENTS

Our Advanced Massage Therapy Program is designated for International Students. There is a non-refundable \$100 application fee (applicable to both domestic and international students). There is a non-refundable international deposit of \$1000, which will be credited towards the international administrative cost of \$2500. This is the only additional cost on top of our institution's tuition cost. This deposit is there to show that you have sincere interest in the program to IRCC when applying for your study permit.



CONTINUING EDUCATION AT NAKH

WELCOME TO OUR
SCHOOL

At the NAKH Institute of Education, we are committed to promoting ongoing professional development for our students and graduates. We encourage our students to continually acquire and update their professional massage therapy skills after graduation. This commitment to lifelong learning is essential for maintaining the quality and relevance of the profession.

Evidence of Commitment to Professional Development:

- **Workshops and Seminars:** We regularly organize workshops and seminars on current trends, new techniques, and evidence-based practices in massage therapy. These events provide valuable opportunities for students to learn from experts in the field and expand their knowledge.
- **Mentorship Programs:** Graduates are encouraged to engage in mentorship programs with instructors and TAs, fostering connections that can guide them in their professional journeys and career development.
- **Information Sharing:** Students are kept informed about upcoming conferences, certifications, and training sessions relevant to massage therapy, highlighting the importance of attending these events to stay updated with industry standards.
- **Encouraging Certification:** We promote the pursuit of additional certifications and specializations, providing resources and guidance on how to obtain them to enhance skills and marketability.
- **Promoting Research Engagement:** Students are inspired to engage in research and critical thinking regarding their practice, emphasizing the importance of staying informed about the latest research in massage therapy to provide evidence-based care.
- **Community Involvement:** Our community outreach programs and involvement in professional organizations reflect the importance of staying engaged in the profession, encouraging students to network and seek mentorship from experienced professionals.

At the NAKH Institute of Education, we recognize that the journey of learning continues beyond graduation. Our emphasis on ongoing professional development equips our students with the tools and resources needed to maintain their skills and provide high-quality care throughout their careers.



Ask questions

We are always here to help. If you have any questions about the program please do not hesitate to reach out by email or phone.



780-461-6708



info@nakhinstitute.com



Apply and Attend Classes

Make sure you are enrolled into the right classes and the right program before your start date. Attend classes online or in-person depending on the learning style right for you. If you are unsure what classes to enroll into, meet with an academic advisor.



Track your Progress

When going through the program, make sure you are tracking your progress so you always know where you are and what's next. Talk to an academic advisor if you need help getting on track.



780-461-6708



studenthelp@nakhinstitute.com